



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Luhmann, Mechthild

Club: Post SV Unna
Number: 3286

Course: 10.00 km
10 km Nordic Walking

Total time: 1:12:31

Speed: 8.27 km/h

metres in height up: 196
Course score: 12.94

performance score: 107 Points