



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Simon, Helmut

Club: LT Vlotho
Number: 3077

Course: 10.00 km
10 km Walking

Total time: 1:17:37

Speed: 7.73 km/h

metres in height up: 196
Course score: 12.94

performance score: 100 Points