



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Birk, Brigitte

Club: LuW Weddinghofen
Number: 3272

Course: 10.00 km
10 km Nordic Walking

Total time: 1:14:52

Speed: 8.01 km/h

metres in height up: 196
Course score: 12.94

performance score: 104 Points