



8. Cheruskerwalk  
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Gryzik, Agnes

Club: Bad Salzuflen  
Number: 1300

Course: 21.00 km  
21 km Nordic Walking

Total time: 3:17:19

Speed: 6.39 km/h

metres in height up: 632  
Course score: 30.48

performance score: 195 Points