



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Glasmeyer, Margarete

Club: LSF-Unna-2000

Number: 3305

Course: 10.00 km

10 km Nordic Walking

Total time: 1:16:21

Speed: 7.86 km/h

metres in height up: 196

Course score: 12.94

performance score: 102 Points