



8. Cheruskerwalk  
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Fricke, Brigitta

Club: BSV Stadtwerke Bielefeld  
Number: 3363

Course: 10.00 km  
10 km Nordic Walking

Total time: 1:17:42

Speed: 7.72 km/h

metres in height up: 196  
Course score: 12.94

performance score: 100 Points