



8. Cheruskerwalk  
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Zühlke, Elfriede

Club: Worpswede

Number: 3322

Course: 10.00 km

10 km Nordic Walking

Total time: 1:17:54

Speed: 7.70 km/h

metres in height up: 196

Course score: 12.94

performance score: 100 Points