



8. Cheruskerwalk  
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

stratmann, marita

Club: wt-soest

Number: 3328

Course: 10.00 km

10 km Nordic Walking

Total time: 1:18:30

Speed: 7.64 km/h

metres in height up: 196

Course score: 12.94

performance score: 99 Points