



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Galda, Torsten

Club: LSF-Unna-2000

Number: 3049

Course: 10.00 km

10 km Walking

Total time: 1:21:56

Speed: 7.32 km/h

metres in height up: 196

Course score: 12.94

performance score: 95 Points