



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Bruns, Heike

Club: TV Beckum
Number: 3218

Course: 10.00 km
10 km Nordic Walking

Total time: 1:19:16

Speed: 7.57 km/h

metres in height up: 196
Course score: 12.94

performance score: 98 Points