



8. Cheruskerwalk  
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Grendel, Gerhard

Club: TuS Falke Berlebeck  
Number: 3233

Course: 10.00 km  
10 km Nordic Walking

Total time: 1:19:19

Speed: 7.56 km/h

metres in height up: 196  
Course score: 12.94

performance score: 98 Points