



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Schäfer, Claudia

Club: Detmold
Number: 1220

Course: 21.00 km
21 km Nordic Walking

Total time: 3:22:16

Speed: 6.23 km/h

metres in height up: 632
Course score: 30.48

performance score: 190 Points