



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Flachmeier, Alexandra

Club: Hiddenhausen
Number: 1304

Course: 21.00 km
21 km Nordic Walking

Total time: 3:22:32

Speed: 6.22 km/h

metres in height up: 632
Course score: 30.48

performance score: 190 Points