



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Krause, Tanja

Club: Lemgo
Number: 1221

Course: 21.00 km
21 km Nordic Walking

Total time: 3:23:33

Speed: 6.19 km/h

metres in height up: 632
Course score: 30.48

performance score: 189 Points