



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Henkel, Klaus-Dieter

Club: LC Solbad Ravensberg
Number: 1340

Course: 21.00 km
21 km Nordic Walking

Total time: 3:24:38

Speed: 6.16 km/h

metres in height up: 632
Course score: 30.48

performance score: 188 Points