



8. Cheruskerwalk  
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Henkel, Klaus-Dieter

Club: LC Solbad Ravensberg  
Number: 1340

Course: 21.00 km  
21 km Nordic Walking

Total time: 3:24:38

Speed: 6.16 km/h

metres in height up: 632  
Course score: 30.48

performance score: 188 Points