



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Röske, Thomas

Club: Bielefeld

Number: 3352

Course: 10.00 km

10 km Nordic Walking

Total time: 1:23:52

Speed: 7.15 km/h

metres in height up: 196

Course score: 12.94

performance score: 93 Points