



8. Cheruskerwalk

Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Radke, Manfred

Club: Lc Solbad Ravensberg

Number: 3345

Course: 10.00 km

10 km Nordic Walking

Total time: 1:26:59

Speed: 6.90 km/h

metres in height up: 196

Course score: 12.94

performance score: 89 Points