



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Sportelli, Manfred

Club: Vivendi e.V.

Number: 1052

Course: 21.00 km

21 km Nordic Walking

Total time: 3:29:29

Speed: 6.01 km/h

metres in height up: 632

Course score: 30.48

performance score: 183 Points