



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Lensing, Bärbel

Club: Distel-Walker
Number: 3242

Course: 10.00 km
10 km Nordic Walking

Total time: 1:26:49

Speed: 6.91 km/h

metres in height up: 196
Course score: 12.94

performance score: 89 Points