



8. Cheruskerwalk  
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Knappmeyer, Daniela

Club: Löhne  
Number: 3323

Course: 10.00 km  
10 km Nordic Walking

Total time: 1:27:58

Speed: 6.82 km/h

metres in height up: 196  
Course score: 12.94  
performance score: 88 Points