



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Steinbacher, Marion

Total time: 1:28:29

Speed: 6.78 km/h

Number: 3224

metres in height up: 196

Course: 10.00 km

Course score: 12.94

10 km Nordic Walking

performance score: 88 Points