



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Truschkowski, Susanne

Club: Detmold
Number: 3223

Course: 10.00 km
10 km Nordic Walking

Total time: 1:28:30

Speed: 6.78 km/h

metres in height up: 196
Course score: 12.94

performance score: 88 Points