



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

grewe, rainer

Club: wt-soest

Number: 3330

Course: 10.00 km

10 km Nordic Walking

Total time: 1:28:30

Speed: 6.78 km/h

metres in height up: 196

Course score: 12.94

performance score: 88 Points