



8. Cheruskerwalk  
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Sonnen, Bernd-Rüdeger

Club: Fitzen

Number: 3351

Course: 10.00 km

10 km Nordic Walking

Total time: 1:35:55

Speed: 6.26 km/h

metres in height up: 196

Course score: 12.94

performance score: 81 Points