



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Steinkühler, Christine

Total time: 1:36:27

Speed: 6.22 km/h

Number: 3214

metres in height up: 196

Course: 10.00 km

Course score: 12.94

10 km Nordic Walking

performance score: 80 Points