



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Bernard, Ulrike

Club: Sendener Walking-Mäuse
Number: 3276

Course: 10.00 km
10 km Nordic Walking

Total time: 1:37:07

Speed: 6.18 km/h

metres in height up: 196
Course score: 12.94
performance score: 80 Points