



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Jehne, Frank

Club: Post SV Unna
Number: 4236

Course: 6.00 km
6 km Nordic Walking

Total time: 42:14

Speed: 8.52 km/h

metres in height up: 158
Course score: 8.37

performance score: 71 Points