



Hexengrund-Triathlon Engerda 2012

Engerda / 08.09.2012

Detailed evaluation

Lieder, Sven

Total time: 1:53:01

Club: Saalfelder LV

Number: 56

Course: 35.70 km

Rank in course/Total: 10 (of 54)

Hexengrund-Triathlon 0.5-30.0-7.5

Rank in course/Men: 10 (of 48)

Best time in course: 1:36:59

Category:

Rank in category: 2(of 8)

TM 40, Senioren 1

Best time in the category: 1:48:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wechsel Schw.-R	0.50	9:19	18:37	1	-	4	0:28	0.50	9:19	18:37	3		25	
Schwimmen	0.01	1:27	145:00	2	0:03	9	1:05	0.51	10:46	21:06	3		25	
Schwimmen Total	0.51	10:46												
Runde Rad	2.00	5:05	2:32	3	0:13	10	0:46	2.51	15:51	6:18	2	0:07	36	
Runde Rad	8.70	19:46	2:16	4	2:29	15	2:54	11.21	35:37	3:10	2	1:06	36	
Runde Rad	8.70	20:02	2:18	3	2:10	12	2:10	19.91	55:39	2:47	2	2:11	36	
Wechsel Rad-Lau	8.70	20:35	2:21	3	2:02	13	2:19	28.61	1:16:14	2:39	2	3:33	34	
Rad	0.01	0:31	51:40	6	0:29	38	0:29	28.62	1:16:45	2:40	2	3:38	34	
Rad Total	28.11	1:05:59												
Runde Lauf	2.40	11:43	4:52	2	0:19	15	11:33	31.02	1:28:28	2:51	2	3:57	34	
Runde Lauf	2.40	12:15	5:06	2	0:24	14	2:30	33.42	1:40:43	3:00	2	4:21	33	
Lauf	2.28	12:18	5:23	2	0:27	16	2:44	35.70	1:53:01	3:09	2	4:48	10	16:02
Lauf Total	35.19	1:53:01												