



Hexengrund-Triathlon Engerda 2012

Engerda / 08.09.2012

Detailed evaluation

schmidt, frank

Total time: 1:53:10

Club: MTV saalfeld - radsport

Number: 25

Course: 35.70 km

Rank in course/Total: 11 (of 54)

Hexengrund-Triathlon 0.5-30.0-7.5

Rank in course/Men: 11 (of 48)

Best time in course: 1:36:59

Category:

Rank in category: 3(of 8)

TM 45, Senioren 2

Best time in the category: 1:36:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wechsel Schw.-R	0.50	12:40	25:19	7	3:49	31	3:49	0.50	12:40	25:19	4	3:49	38	
Schwimmen	0.01	1:43	171:39	4	1:21	14	1:21	0.51	14:23	28:12	4	4:40	38	
Schwimmen Total	0.51	14:23												
Runde Rad	2.00	5:15	2:37	2	0:56	13	0:56	2.51	19:38	7:49	4	5:36	25	
Runde Rad	8.70	19:17	2:12	3	2:09	10	2:25	11.21	38:55	3:28	4	7:45	25	
Runde Rad	8.70	19:55	2:17	3	1:46	11	2:03	19.91	58:50	2:57	4	9:31	25	
Wechsel Rad-Lau	8.70	20:10	2:19	2	1:29	10	1:54	28.61	1:19:00	2:45	4	11:00	35	
Rad	0.01	0:37	61:40	7	0:34	42	0:35	28.62	1:19:37	2:46	4	11:29	35	
Rad Total	28.11	1:05:14												
Runde Lauf	2.40	11:00	4:35	3	1:29	9	10:50	31.02	1:30:37	2:55	4	12:58	35	
Runde Lauf	2.40	11:23	4:44	2	1:38	7	1:38	33.42	1:42:00	3:03	3	14:36	34	
Lauf	2.28	11:10	4:53	2	1:35	6	1:36	35.70	1:53:10	3:10	3	16:11	11	16:11
Lauf Total	35.19	1:53:10												