



# Hexengrund-Triathlon Engerda 2012

Engerda / 08.09.2012

## Detailed evaluation

Kränkel, Volker

Total time: 2:25:18

Club: SV Rot-Weiß Sitzendorf

Number: 17

Course: 35.70 km

Rank in course/Total: 46 (of 54)

Hexengrund-Triathlon 0.5-30.0-7.5

Rank in course/Men: 42 (of 48)

Best time in course: 1:36:59

Category:

Rank in category: 7(of 8)

TM 45, Senioren 2

Best time in the category: 1:36:59

### Intermediate times

### Stage score

### Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|------------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Wechsel Schw.-R  | 0.50        | 12:21         | 24:41           | 6           | 3:30           | 28         | 3:30          | 0.50        | 12:21         | 24:41           | 8           | 3:30           | 21         |               |
| Schwimmen        | 0.01        | 4:05          | 408:19          | 8           | 3:43           | 45         | 3:43          | 0.51        | 16:26         | 32:13           | 8           | 6:43           | 21         | 0:12          |
| Schwimmen Total  | 0.51        | 16:26         |                 |             |                |            |               |             |               |                 |             |                |            |               |
| Runde Rad        | 2.00        | 6:54          | 3:27            | 8           | 2:35           | 47         | 2:35          | 2.51        | 23:20         | 9:17            | 8           | 9:18           | 21         | 1:33          |
| Runde Rad        | 8.70        | 24:25         | 2:48            | 8           | 7:17           | 45         | 7:33          | 11.21       | 47:45         | 4:15            | 8           | 16:35          | 21         | 3:28          |
| Runde Rad        | 8.70        | 24:21         | 2:47            | 8           | 6:12           | 44         | 6:29          | 19.91       | 1:12:06       | 3:37            | 8           | 22:47          | 21         | 5:22          |
| Wechsel Rad-Lauf | 8.70        | 24:43         | 2:50            | 8           | 6:02           | 42         | 6:27          | 28.61       | 1:36:49       | 3:23            | 8           | 28:49          | 20         | 5:16          |
| Rad              | 0.01        | 0:06          | 10:00           | 3           | 0:03           | 15         | 0:04          | 28.62       | 1:36:55       | 3:23            | 8           | 28:47          | 20         | 5:13          |
| Rad Total        | 28.11       | 1:20:29       |                 |             |                |            |               |             |               |                 |             |                |            |               |
| Runde Lauf       | 2.40        | 15:56         | 6:38            | 8           | 6:25           | 42         | 15:46         | 31.02       | 1:52:51       | 3:38            | 8           | 35:12          | 20         | 5:44          |
| Runde Lauf       | 2.40        | 16:09         | 6:43            | 7           | 6:24           | 41         | 6:24          | 33.42       | 2:09:00       | 3:51            | 7           | 41:36          | 20         | 7:39          |
| Lauf             | 2.28        | 16:18         | 7:08            | 7           | 6:43           | 40         | 6:44          | 35.70       | 2:25:18       | 4:04            | 7           | 48:19          | 42         | 48:19         |
| Lauf Total       | 35.19       | 2:25:18       |                 |             |                |            |               |             |               |                 |             |                |            |               |