



5. Thüringer Museumslauf

Schmalkalden, Schloss Wilhelmsburg / 09.09.2012

Detailed evaluation

Köhler, Ljuba

Club: LSV Lok Arnstadt

Number: 364

Course: 10.30 km

10,3 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:10:09

Speed: 8.55 km/h

Running performance: 6:49 min/km

Rank in course/Total: 11 (of 22)

Rank in course/Women: 3 (of 6)

Best time in course: 1:03:21

Rank in category: 2(of 2)

Best time in the category: 1:03:21