



5. Thüringer Museumslauf

Schmalkalden, Schloss Wilhelmsburg / 09.09.2012

Detailed evaluation

Ellerkamm, Jürgen

Club: SV Kyffhäuser

Number: 356

Course: 10.30 km

10,3 km Lauf

Category:

Senioren M70 (70-74 Jahre)

Total time: 1:15:30

Speed: 7.95 km/h

Running performance: 7:20 min/km

Rank in course/Total: 14 (of 22)

Rank in course/Men: 11 (of 16)

Best time in course: 54:34

Rank in category: 1(of 3)

Best time in the category: 1:15:30