



## 5. Thüringer Museumslauf

Schmalkalden, Schloss Wilhelmsburg / 09.09.2012

### Detailed evaluation

**Matthes, Jan**

Club: Lauffreund Breitung

Number: 352

Course: 10.30 km

10,3 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:16:55

Speed: 7.80 km/h

Running performance: 7:28 min/km

Rank in course/Total: 16 (of 22)

Rank in course/Men: 12 (of 16)

Best time in course: 54:34

Rank in category: 2(of 2)

Best time in the category: 1:07:33