



5. Thüringer Museumslauf

Schmalkalden, Schloss Wilhelmsburg / 09.09.2012

Detailed evaluation

Herold, Fredi

Club: Saalfelder LV

Number: 401

Course: 15.60 km

15,6 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:23:29

Speed: 10.78 km/h

Running performance: 5:21 min/km

Rank in course/Total: 7 (of 23)

Rank in course/Men: 7 (of 22)

Best time in course: 1:05:33

Rank in category: 2(of 3)

Best time in the category: 1:20:48