



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Koch, Dominik

Club: GutsMuths-RLV

Number: 2989

Course: 10.60 km

Geländelauf lang

Category:

Senioren M35 (35-39 Jahre)

Total time: 36:57

Speed: 16.24 km/h

Running performance: 3:29 min/km

Rank in course/Total: 6 (of 190)

Rank in course/Men: 6 (of 151)

Best time in course: 34:15

Rank in category: 1(of 10)

Best time in the category: 36:57