



9. Trefffurter Stadtlauf  
Treffurt / 15.09.2012

Detailed evaluation

Jaeger, Frank

Club: SV Sömmerda e.V.  
Number: 2873

Course: 10.60 km  
Geländelauf lang

Category:  
Senioren M45 (45-49 Jahre)

Total time: 41:33

Speed: 14.44 km/h  
Running performance: 3:55 min/km

Rank in course/Total: 15 (of 190)

Rank in course/Men: 15 (of 151)

Best time in course: 34:15

Rank in category: 1(of 23)

Best time in the category: 41:33