



9. Trefffurter Stadtlauf  
Treffurt / 15.09.2012

Detailed evaluation

Ehrenberg, Bernd

Club: Fit & Run Weimar  
Number: 2987

Course: 10.60 km  
Geländelauf lang

Category:  
Senioren M50 (50-54 Jahre)

Total time: 42:56

Speed: 13.98 km/h  
Running performance: 4:03 min/km

Rank in course/Total: 26 (of 190)

Rank in course/Men: 25 (of 151)

Best time in course: 34:15

Rank in category: 1(of 23)

Best time in the category: 42:56