



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Montag, Andreas

Club: SV Normania Treffurt
Number: 2963

Course: 10.60 km
Geländelauf lang

Category:
Senioren M50 (50-54 Jahre)

Total time: 45:38

Speed: 13.15 km/h
Running performance: 4:19 min/km

Rank in course/Total: 36 (of 190)

Rank in course/Men: 35 (of 151)

Best time in course: 34:15

Rank in category: 5(of 23)

Best time in the category: 42:56