



9. Trefffurter Stadtlauf  
Treffurt / 15.09.2012

Detailed evaluation

**Noll, Jonas**

Club: SV Normania Treffurt  
Number: 2958

Course: 10.60 km  
Geländelauf lang

Category:  
Senioren M45 (45-49 Jahre)

Total time: 45:53

Speed: 13.08 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 38 (of 190)

Rank in course/Men: 37 (of 151)

Best time in course: 34:15

Rank in category: 6(of 23)

Best time in the category: 41:33