



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Löber, Heiko

Club: Eisenacher LV
Number: 2980

Course: 10.60 km
Geländelauf lang

Category:
Senioren M40 (40-44 Jahre)

Total time: 46:22

Speed: 12.94 km/h
Running performance: 4:22 min/km

Rank in course/Total: 45 (of 190)

Rank in course/Men: 42 (of 151)

Best time in course: 34:15

Rank in category: 9(of 27)

Best time in the category: 41:23