



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Schönknecht, Mario

Club: ZSG Waltershausen
Number: 2874

Course: 10.60 km
Geländelauf lang

Category:
Senioren M45 (45-49 Jahre)

Total time: 46:57

Speed: 12.78 km/h
Running performance: 4:26 min/km

Rank in course/Total: 54 (of 190)

Rank in course/Men: 51 (of 151)

Best time in course: 34:15

Rank in category: 9(of 23)

Best time in the category: 41:33