



9. Trefffurter Stadtlauf

Treffurt / 15.09.2012

Detailed evaluation

Stadler, Hans-Georg

Club: SV Floh-Seligenthal

Number: 2912

Course: 10.60 km

Geländelauf lang

Category:

Senioren M45 (45-49 Jahre)

Total time: 47:20

Speed: 12.68 km/h

Running performance: 4:28 min/km

Rank in course/Total: 57 (of 190)

Rank in course/Men: 53 (of 151)

Best time in course: 34:15

Rank in category: 10(of 23)

Best time in the category: 41:33