



9. Trefffurter Stadtlauf

Treffurt / 15.09.2012

Detailed evaluation

Schalk, Udo

Club: Dream Team Ilmenau

Number: 3233

Course: 10.60 km

Geländelauf lang

Category:

Senioren M50 (50-54 Jahre)

Total time: 49:03

Speed: 12.23 km/h

Running performance: 4:38 min/km

Rank in course/Total: 72 (of 190)

Rank in course/Men: 68 (of 151)

Best time in course: 34:15

Rank in category: 9(of 23)

Best time in the category: 42:56