



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Bomberg, Dirk

Club: sc impuls erfurt e.V.
Number: 2852

Course: 10.60 km
Geländelauf lang

Category:
Senioren M55 (55-59 Jahre)

Total time: 49:09

Speed: 12.21 km/h
Running performance: 4:38 min/km

Rank in course/Total: 74 (of 190)

Rank in course/Men: 70 (of 151)

Best time in course: 34:15

Rank in category: 2(of 10)

Best time in the category: 46:29