



9. Trefffurter Stadtlauf  
Treffurt / 15.09.2012

Detailed evaluation

Dinkel, Katrin

Club: Wendehausen  
Number: 2953

Course: 10.60 km  
Geländelauf lang

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 49:21

Speed: 12.16 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 77 (of 190)

Rank in course/Women: 5 (of 39)

Best time in course: 42:52

Rank in category: 1(of 6)

Best time in the category: 49:21