



9. Trefffurter Stadtlauf

Treffurt / 15.09.2012

Detailed evaluation

Manegold, Thomas

Club: SV Normania Treffurt
Number: 2951

Course: 10.60 km
Geländelauf lang

Category:
Senioren M30 (30-34 Jahre)

Total time: 50:01

Speed: 12.72 km/h
Running performance: 4:43 min/km

Rank in course/Total: 81 (of 190)

Rank in course/Men: 74 (of 151)

Best time in course: 34:15

Rank in category: 4(of 7)

Best time in the category: 36:26