



9. Trefffurter Stadtlauf

Treffurt / 15.09.2012

Detailed evaluation

Ukaj, Ardit

Club: ThSV Eisenach

Number: 2926

Course: 10.60 km

Geländelauf lang

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 51:53

Speed: 11.56 km/h

Running performance: 4:53 min/km

Rank in course/Total: 97 (of 190)

Rank in course/Men: 87 (of 151)

Best time in course: 34:15

Rank in category: 7(of 8)

Best time in the category: 38:34