



9. Trefffurter Stadtlauf

Treffurt / 15.09.2012

Detailed evaluation

Kreyer, Gunter

Club: Volkssport Nohra

Number: 2979

Course: 10.60 km

Geländelauf lang

Category:

Senioren M60 (60-64 Jahre)

Total time: 52:08

Speed: 11.51 km/h

Running performance: 4:55 min/km

Rank in course/Total: 102 (of 190)

Rank in course/Men: 90 (of 151)

Best time in course: 34:15

Rank in category: 5(of 11)

Best time in the category: 46:30