



9. Trefffurter Stadtlauf

Treffurt / 15.09.2012

Detailed evaluation

Fuchs, Dietmar

Club: DAV Inselsberg

Number: 2983

Course: 10.60 km

Geländelauf lang

Category:

Senioren M55 (55-59 Jahre)

Total time: 52:46

Speed: 11.37 km/h

Running performance: 4:59 min/km

Rank in course/Total: 105 (of 190)

Rank in course/Men: 93 (of 151)

Best time in course: 34:15

Rank in category: 5(of 10)

Best time in the category: 46:29