



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Röthling, Klaus

Club: VfL 28 Ellrich
Number: 2836

Course: 10.60 km
Geländelauf lang

Category:
Senioren M60 (60-64 Jahre)

Total time: 53:04

Speed: 11.31 km/h
Running performance: 5:01 min/km

Rank in course/Total: 108 (of 190)

Rank in course/Men: 95 (of 151)

Best time in course: 34:15

Rank in category: 6(of 11)

Best time in the category: 46:30